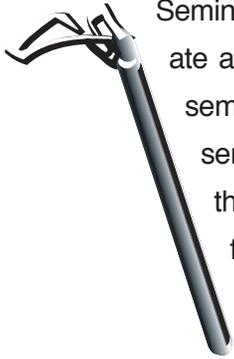


# UNITED STATES TAIHO JUTSU ACADEMY

## ONE DAY SEMINARS



Seminars are available at basic, intermediate and advanced levels. We can arrange seminars at your location, or you may send students to a scheduled seminar at the Academy. Seminars are a great way for departments to examine the quality of our programs. They are also excellent for reinforcement training.

## PROGRAM BENEFITS

- Reduces job stress
- Enhances confidence
- Heightens awareness
- Effective under pressure
- Remain calm when confronted
- Control subjects with minimal injury
- Realistic and effective self-defense



## ABOUT THE DIRECTOR

CHARLES L. PLAINES, Sr. Sensei, a native of Brooklyn, NY, has been teaching the martial arts since 1961. He is a 9th Degree Master of Taiho-Jutsu and is a 6th Degree Master of Shotokan Karate and TaiJutsu. He holds senior black belts in Judo and Aikido. Trained in Japan and the United States, a product of the famed US Air Force

Instructor Training Program, he has taught combative measures and Taiho Jutsu to armed forces instructors and police departments worldwide.

He is a Senior Technical Advisor of the International Taiho Jutsu Federation, the President of the US Taiho Jutsu Federation and has been inducted into

three Internationally recognized Halls of Fame.

Mr. Plaines is the Director of the Far Eastern Arts Center in Waukegan, IL, and has over 35 years experience in international security/investigations. He teaches Security and Investigative Technology Courses at the College of Lake County in Illinois.

For more information, or to register contact us at:

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Member: International Taiho Jutsu Federation



The United States Taiho Jutsu Academy is the Official Training Academy of the United States Taiho Jutsu Federation



# **UNITED STATES TAIHO JUTSU ACADEMY**

**NOW OFFERING  
EIGHT DYNAMIC  
TRAINING COURSES  
FOR LAW ENFORCEMENT  
AND MILITARY PERSONNEL**

**CONTROL**

**DEFEND**

**RESTRAIN**

**SUBDUE**

**SURVIVE**



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# SEIZE THE ADVANTAGE

**C**riminals who lack respect for authority have become increasingly hostile in today's environment. Police Officers, National Guard, Reservists and Active Military Personnel must be able to properly address these combative criminals. We strongly suggest Taiho Jutsu, a comparatively little-known martial art developed for law enforcement and military applications.

Taiho Jutsu was developed by masters of Japan, (an occupied nation at the time)

## LAW ENFORCEMENT COURSES

### **LAW ENFORCEMENT 1** **DEFENSIVE TACTICS: 18 HRS**

This intensive training course is an introduction to Taiho Jutsu and focuses on simplicity and the enhancement of police academy training. These techniques are effective in controlling passive resistors and combative aggressors. They allow the officer to transition into a variety of techniques to stop any unacceptable behavior. Furthermore, it develops the student's confidence in the use of these techniques. Proper grips, escort controls, outside takedowns, pain compliance and other essentials are learned.

Classes held: Tues., Wed., Thurs.

**Tuition: \$150**

**No prerequisite**

### **LAW ENFORCEMENT 2** **ADVANCED DEFENSIVE TACTICS: 21 HRS**

This course is a realistic continuation of Law Enforcement 1. It further develops the student's ability to defuse and/or control aggressive situations. Escapes, weapon retention, ground mobility and impact weapons are among the subjects of instruction.

Classes held: Tues., Wed., Thurs.

**Tuition: \$200**

**Prerequisite: Law Enforcement 1**

### **DEFENSIVE TACTICS** **INSTRUCTOR: 24 HRS**

The student will get an overview of Taiho Jutsu concepts. Practical defensive tactics exercises are the continued training priority. This course also includes The role of the instructor, teaching methods and procedures, polices, lesson plans, safety and more.

Classes held: Tues., Wed., Thurs.

**Tuition: \$250**

**Prerequisite: Law Enforcement 2**

### **DEFENSIVE TACTICS** **INSTRUCTOR/TRAINER: 30 HRS**

In addition to four days of intensive training and role playing, this course covers administration, course preparation, effective assessment and evaluation, elements of organization and certification. Given in two parts each day, the mornings will be physical training and the afternoons classroom instruction.

Classes held: Tues., Wed., Thurs., Fri.

**Tuition: \$300**

**Prerequisite: Defensive Tactics Instructor**

# CONTROL THE SITUATION

for police, as the ultimate means of protection and control. Simply stated, true Taiho Jutsu is considered the most realistic, diverse, workable and effective police defensive and survival tactics system in the world. Taiho Jutsu is a compliment to any previous training one may have, and can improve virtually anyone's ability to control others and to protect themselves. Our staff of Taiho Jutsu instructors have certified credentials in the Art of Taiho Jutsu with up to 40+ years of teaching experience, that traces back to Japan and its traditional teachings. Our staff also has law enforcement experience at the local, state and federal levels.

## MILITARY AND SPECIAL OPERATIONS COURSES

### **COMBATIVE MEASURES 1** **SURVIVAL TACTICS: 18 HRS**

This effective high-energy course on combatives prepares the student for clear and present danger, where aggression and hostility are eminent and the potential for great bodily harm or the loss of life exist. Students will learn life-saving techniques and how to properly respond to spontaneous attacks by violent persons, as well as methods of taking the adversary into custody.

Classes held: Tues., Wed., Thurs.

**Tuition: \$150**

**No prerequisite**

### **COMBATIVE MEASURES 2** **ADVANCED SURVIVAL TACTICS: 21 HRS**

A continuation of Combative Measures 1. This course further develops the students life saving skills. Alternative weapons, escapes, takedowns, offensive and defensive exercises to vital areas are practiced as well as disarming and surviving edged weapons. Focus is placed on the reality of both standing and ground fighting tactics.

Classes held: Tues., Wed., Thurs.

**Tuition: \$200**

**Prerequisite: Combative Measures 1**

### **CERTIFIED COMBATIVE MEASURES** **INSTRUCTOR 24 HRS**

The concepts of true combative measures are covered and techniques enhanced as repetition and excellence are a must. The instructors role, teaching methods, lesson plans, training safety, and more are covered in this result-oriented course.

Classes held: Tues., Wed., Thurs.

**Tuition: \$250**

**Prerequisite: Combative Measures 2**

### **CERTIFIED COMBATIVE MEASURES** **INSTRUCTOR/TRAINER: 30 HRS**

Only a select few will make it this far, as only a select few will complete this intense, high-caliber instructor/trainer course. During this four day program the mornings are hands on and filled with survival tactic enhancements and the afternoons in a classroom. Physical and mental exercises are practiced throughout this course. Course preparation, elements of organization, evaluation, administration, treating injury and more make up this quality program .

Classes held: Tues., Wed., Thurs., Fri.

**Tuition: \$300**

**Prerequisite: Combative Measures Instructor**